

OUR LATEST WORK (2011-17)

Parent's Talk and Workshop

• Stress Management for Parents of Teens	Toi Shan Association College	2017.3.24
• Building Resilience in Children	Hong Kong Trade Development Council	2016.6.28
• Understanding Your Teens' Stress and Emotional Health	Lifetime Development	2016.4.2
• Positive Psychology for Kids: Teaching Resilience with Positive Education	SKH Kei Hin Primary School	2014.5.23
• The "Magic" of Intrinsic Motivation: The Key to Positive Development	SKH Kei Hin Primary School	2014.3.21
• Parenting Style and Child Development	Zurich Services (Hong Kong) Limited	2013.8.29
• Understanding Adolescent – Case Studies and Parenting Advice	Lifetime Development	2012.5.12
• Helping Teenagers with Stress and Emotion	Toi Shan Association College	2012.5.11
• Understanding Adolescent	Lifetime Development	2012.5.5
• Helping Children with Learning Difficulties	Toi Shan Association College	2012.3.16

Student's Course

• "Fun Learning" English Enhancement Program for SpLD Students (Level 4) – 3rd Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2017.2.23 – 2017.5.11
• "Strategy" English Enhancement Program for SpLD Students (Level 2) – 2nd Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2017.2.15 – 2017.5.17
• "Fun Learning" English Enhancement Program for SpLD Students (Level 1) – 18th Intake	Toi Shan Association College	2017.2.13 – 2017.5.15
• "Fun Learning" English Enhancement Program for SpLD Students (Level 4) – 2nd Intake	Ling Liang Church E Wun Secondary School	2017.2.10 – 2017.5.26
• "Fun Learning" English Enhancement Program for SpLD Students (Level 2) – 9th Intake	Ling Liang Church E Wun Secondary School	2017.2.10 – 2017.5.26
• "Fun Learning" English Enhancement Program for SpLD Students (Level 2) – 8th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2017.2.7 – 2017.5.9
• Psychology Club (1st Intake)	Toi Shan Association College	2016.11.11 – 2017.4.28

Student's Course (Continued)

• “Fun Learning” English Enhancement Program for SpLD Students (Level 1) – 17 th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2016.10.18 – 2016.12.20
• “Fun Learning” English Enhancement Program for SpLD Students (Level 3) – 4 th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2016.10.13 – 2016.12.15
• “Strategy” English Enhancement Program for SpLD Students (Level 1) – 2 nd Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2016.10.5 – 2016.11.30
• “Fun Learning” English Enhancement Program for SpLD Students (Level 1) – 16 th Intake	Toi Shan Association College	2016.10.3 – 2016.12.19
• “Fun Learning” English Enhancement Program for SpLD Students (Level 3) – 3 rd Intake	Ling Liang Church E Wun Secondary School	2016.9.30 – 2016.12.16
• “Fun Learning” English Enhancement Program for SpLD Students (Level 1) – 15 th Intake	Ling Liang Church E Wun Secondary School	2016.9.30 – 2016.12.16
• “Fun Learning” English Enhancement Program for SpLD Students (Level 2) – 7 th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2016.2.25 – 2016.5.26
• “Fun Learning” English Enhancement Program for SpLD Students (Level 4) – 1 st Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2016.2.17 – 2016.5.11
• “Strategy” English Enhancement Program for SpLD Students (Level 2) – 1 st Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2016.2.16 – 2016.5.17
• “Fun Learning” English Enhancement Program for SpLD Students (Level 1) – 14 th Intake	Toi Shan Association College	2016.2.1 – 2016.5.16
• “Fun Learning” English Enhancement Program for SpLD Students (Level 2) – 5 th and 6 th Intake	Ling Liang Church E Wun Secondary School	2016.1.29 – 2016.6.3
• “Fun Learning” English Enhancement Program for SpLD Students (Level 1) – 13 th Intake	Toi Shan Association College	2015.10.5 – 2015.12.14
• “Fun Learning” English Enhancement Program for SpLD Students (Level 1) – 11 th and 12 th Intake	Ling Liang Church E Wun Secondary School	2015.10.2 – 2015.12.18
• “Strategy” English Enhancement Program for SpLD Students (Level 1) – 1 st Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2015.9.29 – 2015.12.1
• “Fun Learning” English Enhancement Program for SpLD Students (Level 1) – 10 th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2015.9.24 – 2015.12.3
• “Fun Learning” English Enhancement Program for SpLD Students (Level 3) – 2 nd Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2015.9.23 – 2015.12.9
• “Fun Learning” English Enhancement Program for SpLD Students (Level 3) - 1 st Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2015.3.12 – 2015.5.28

Student's Course (Continued)

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| • “Fun Learning” English Enhancement Program for SpLD Secondary Students (Level 2) – 4 th Intake | Shun Tak Fraternal Association
Cheng Yu Tung Secondary School | 2015.3.4 –
2015.5.27 |
| • “Fun Learning” English Enhancement Program for SpLD Students (Level 1) - 9 th Intake | Toi Shan Association College | 2015.3.2 –
2015.5.18 |
| • “Fun Learning” English Enhancement Program for SpLD Students (Level 1) - 8 th Intake | China Holiness Church Living
Spirit College | 2014.10.21 –
2014.12.16 |
| • “Fun Learning” English Enhancement Program for SpLD Students (Level 1) – 7 th Intake | Toi Shan Association College | 2014.10.6 –
2014.12.8 |
| • “Fun Learning” English Enhancement Program for SpLD Students (Level 1)- 6 th Intake | Shun Tak Fraternal Association
Cheng Yu Tung Secondary School | 2014.9.16 –
2014.12.17 |
| • “Fun Learning” English Enhancement Program for SpLD Students (Level 2)- 3 rd Intake | Shun Tak Fraternal Association
Cheng Yu Tung Secondary School | 2014.2.19 –
2014.5.28 |
| • “Fun Learning” English Enhancement Program for SpLD Students (Level 1) – 5 th Intake | Toi Shan Association College | 2014.2.17 –
2014.5.19 |
| • “Fun Learning” English Enhancement Program for SpLD Students (Level 2) – 2 nd Intake | Toi Shan Association College | 2013.10.10 –
2014.1.2 |
| • “Fun Learning” English Enhancement Program for SpLD Students (Level 1)- 4 th Intake | Shun Tak Fraternal Association
Cheng Yu Tung Secondary School | 2013.9.25 –
2013.12.11 |
| • “Fun Learning” English Enhancement Program for SpLD Students (Level 2)- 1 st Intake | Shun Tak Fraternal Association
Cheng Yu Tung Secondary School | 2013.9.16 –
2013.12.16 |
| • “Fun Learning” English Enhancement Program for SpLD Students (Level 1)- 3 rd Intake | Shun Tak Fraternal Association
Cheng Yu Tung Secondary School | 2013.2.25 –
2013.6.3 |
| • “Fun Learning” English Enhancement Program for SpLD Students (Level 1) – 2 nd Intake | Toi Shan Association College | 2012.10.24 –
2013.3.6 |
| • “Fun Learning” English Enhancement Program for SpLD Students (Level 1) – 1 st Intake | Toi Shan Association College | 2012.4.25 –
2012.6.6 |

Student's Talk

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| • Student's Talk on "Accepting Individual Differences in a School Caring Community" | Ling Liang Church E Wun Secondary School | 2016.4.22 |
| • Student's Talk on "You Were Born to Stand Out - Understanding Individual Differences. Reaching Your Potential" | Ling Liang Church E Wun Secondary School | 2016.4.22 |
| • Student's Talk on "Getting to Know Your Classmates with Special Educational Needs" | Toi Shan Association College | 2014.10.21 |
| • Student's Talk on "Understanding Individual Difference. Creating School Caring Climate" | Toi Shan Association College | 2013.12.10 |
| • Student's Talk on "Understanding Individual Difference. Creating School Caring Climate" | Toi Shan Association College | 2013.1.29 |
| • Student's Talk on "Understanding Individual Difference. Creating School Caring Climate" | Toi Shan Association College | 2012.9.18 |

Professional Development

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| • Building an Effective Mentoring Relationship with Youths | Yan Chai Hospital (童創理想計劃) | 2015.9.19 |
| • Learning in OUHK | The Open University of Hong Kong | 2014.6.7 |
| • "POWER OF NATURE" Team Building Training for Youth Mentoring Program | Sai Kung District Community Centre & The Christian New Being Fellowship | 2012.8.25 |
| • "POWER OF NATURE" Mentee Training for Youth Mentoring Program | Sai Kung District Community Centre & The Christian New Being Fellowship | 2012.8.4 |
| • "POWER OF NATURE" Mentor Training for Youth Mentoring Program | Sai Kung District Community Centre | 2012.7.6 – 2012.8.2 |
| • Cross-cultural Adjustment and Job Satisfaction among Primary NETs in Hong Kong | Native English Speaking Teachers Association | 2011.12.3 |

Workshop on Psychological Well-being

• Talks on Mood Disorders and Stress Management	Lifetime Development	2017.5.16 & 2017.5.23
• Workshop on Emotion Expression and Management	Lifetime Development	2015.10.31
• Workshop on Memory and Concentration (2nd Intake)	Lifetime Development	2015.10.10
• Workshop on Memory and Concentration (1st Intake)	Lifetime Development	2015.10.3
• Anti-stress Colouring Workshop (3rd Intake)	Lifetime Development	2015.9.5
• Anti-stress Colouring Workshop (2nd Intake)	Lifetime Development	2015.8.29
• Anti-stress Colouring Workshop (1st Intake)	Lifetime Development	2015.8.22

University Course

• Research Issues in Applied Developmental Psychology (MSc in Psychology)	City University of Hong Kong Sheffield Hallam University	Since 2016
• Research Dissertation and Continuing Professional Development (MSc in Psychology)	City University of Hong Kong Sheffield Hallam University	Since 2016
• Professional Practice Consultant and Mentor of Teaching Practice (Postgraduate Certificate in Education)	University of Sunderland	Since 2015
• Introductory Psychology: Theory and Practice (Bachelor of Social Sciences)	The Open University of Hong Kong	2005 - 2016
• Child Development (Bachelor of Social Sciences)	The Open University of Hong Kong	2003 – 2005
• Mentor and School Coordinator of Teaching Practice (Bachelor of Education and Postgraduate Certificate in Education)	Chinese University of Hong Kong Hong Kong Institute of Education The Open University of Hong Kong	2000 – 2011
• Developmental Psychology (Bachelor of Education)	Hong Kong Baptist University	1998 – 2003
• Research Method (Bachelor of Education)	Hong Kong Baptist University	1997 – 1998
• Student Counselling and Guidance (Bachelor of Education)	Hong Kong Baptist University	1997 – 2003

Individualised Education Plan

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| • Training on Attention and Learning Strategy (1st Intake) | Lifetime Development | 2015.8.4 - 2015.8.25 |
| • Training on Attention and Learning Strategy (2nd Intake) | Lifetime Development | 2015.8.4 - 2015.8.25 |

Early Childhood Disorders (Child/ Teens) - Screening Test

- Autistic Spectrum Disorder (ASD)
- Attention Deficit /Hyperactivity Disorder (ADD/ADHD)
- Specific Learning Disabilities (SpLD)
- Dyslexia
- Child / Teens Anxiety Related Disorders
- Preschool Anxiety Disorder
- Social Communication Anxiety
- Selective Mutism

Personal Consultation

- Early Childhood Disorders - Parent Support
- Child / Teens Development - Parent Support
- Parent-child Relationship
- Marriage and Relationship
- Sleep Problems
- Emotion and Stress Management
- Lifespan Development and Personal Growth

Media Coverage

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| • Interview: Waldorf Education | Smart Parents Magazine (No.213) by Sing Tao | 2014.5.8 |
| • Interview: Study Skills and Exam Preparation | Smart Parents Magazine (No.192) by Sing Tao | 2013.12.5 |

OUR WORK (Before 2011)

Parent's Program

- Talk on Secondary School Places Allocation System for P.6 2010.9.10
2011.4.15
- Talk on Secondary School Places Allocation System for P.5 2010.9.17
- Talk on Primary One Transition 2010.8.21
- Introductory Talk on Territory-wide System Assessment and English Learning 2007.3.29
2006.3.28
- Parent-Child English Home Reading Workshop 2005.9.24
2006.9.30
- Introductory Talk on School-based English Curriculum 2005.9.24
2006.9.30
- Introductory Talk on Primary One English Language Curriculum 2005.8.27

Professional Development Training

- Teaching Reading Skills 2006.1.17
- Integrating Reading into Textbook and Readers Teaching 2005.8.19
- Knowing about Stress 2001.9.15
- Stress Management for Teachers 2001.11.21

University Course

- Introductory Psychology: Theory and Practice (The Open University of Hong Kong) 2005 – 2016
- Child Development (The Open University of Hong Kong) 2003 – 2005
- Developmental Psychology (Hong Kong Baptist University) 1998 – 2003
- Research Method (Hong Kong Baptist University) 1997 – 1998
- Student Counselling and Guidance (Hong Kong Baptist University) 1997 – 2003

Curriculum Development

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| • School-based Native English Teacher English Language Curriculum | 2008 – 2010 |
| • Territory-wide School Assessment Preparation Program | 2005 – 2008 |
| • English Field Study | 2005 – 2009 |
| • The Young Writers' Reader (English Writing Program) | 2005 – 2009 |
| • Super Reader Scheme (English Reading Program) | 2005 – 2010 |
| • Theme-based / Project-based English Learning | 2003 – 2008 |
| • School-based English Language Curriculum | 2002 – 2008 |
| • QEF Project: Developing Online Learning Software for Maths Learning | 2000 – 2001 |
| • Analytical Tool for Assessment in Maths | 1999 – 2002 |

English Program for Children

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| • English Enrichment program for SEN students | 2008 – 2009 |
| • Inter-school English Day | 2008.5 |
| • English Story-telling Time | 2006 – 2010 |
| • English Enrichment Program for More-able Students | 2007 – 2010 |
| • English Ambassador | 2006 – 2010 |
| • Little English Teacher Scheme | 2006 – 2010 |
| • English Fun Day for Kindergarten | 2006 – 2009 |
| • Training for Hong Kong Inter-Primary School English Folk Song Group Singing Contest | 2004 – 2006 |
| • Training for Hong Kong Inter-Primary School Speech Festival | 2003 – 2011 |
| • Inter-class English Quiz | 2003 – 2008 |
| • Secondary School Interview Training | 2003 – 2011 |
| • Training for Hong Kong Drama Festival | 2005 – 2007 |
| • English Club | 2004 – 2011 |
| • English Remedial Program for Less-able Students | 2002 – 2011 |
| • English Day | 2001 – 2010 |

Moral and Civic Education Program for Children

- National Education Program: Study Tour (Guangzhou) 2009 – 2010
- Value Education Program: Caring Angel Scheme 2009 – 2010
- Value Education Program: My Action Pledge 2009 – 2010
- Value Education Program: Student Volunteer Team 2009 – 2010
- Value Education Program: One Student One Duty 2009 – 2010
- Health Education Program: Healthy Campus 2009 – 2010
- Eco Education Program: Green School Scheme 2009 – 2010
- Moral Education: A Conduct A Month 2009 – 2010
- Life Education: Talk on Understanding and Helping Poverty 2009 – 2010
- Anti-drug Education Program: “Hand-in-Hand” Anti-drug Campaign 2009 – 2010

Professional Activity

- Academic Studies in-charge, Primary School 2010 – 2011
- Moral and Civic Education Coordinator, Primary School 2009 – 2010
- School English Teacher for The Native English Teacher (NET) Scheme 2007 – 2010
- Prefect of Studies, Primary School 2005 – 2009
- Oral Assessor & School Coordinator, Territory-wide System Assessment 2004 – 2011
- English Panel Chair, Primary School 2002 – 2007
- Mentor & School Coordinator, Hong Kong Institute of Education, Chinese University of Hong Kong, The Open University of Hong Kong 2000 – 2011
- Founding Chair of Teacher Professional Development Team, Primary School 2000 – 2004
- Maths Panel Member, Primary School 2000 – 2002
- Founding Committee of Parent Teacher Association, Primary School 1999 – 2001