

OUR LATEST WORK (2011-2022)

Parent's Talk and Workshop

• Teenager Mental Health During the Pandemic	St Teresa Secondary School	2022.4.9
• How to Support Children with SEN in Learning English	HKCKLA Buddhist Po Kwong School	2021.4.13
• Tech & Kids: Tips for Parents in the Digital Age	Norwegian International School	2019.6.6
• Stress Management for Parents of SEN Children	The Church of Christ in China Kei Faat Kindergarten	2019.1.24
• Parenting Tips for Parents of SEN Children	The Church of Christ in China Kei Faat Kindergarten	2019.1.17
• Tips for Parents of SEN Children in Learning	The Church of Christ in China Kei Faat Kindergarten	2019.1.10
• Knowing Early Childhood Disorders · Understanding Educational Support for Children with SEN	The Church of Christ in China Kei Faat Kindergarten	2018.12.13
• Stress Management for Parents of Teens	Toi Shan Association College	2017.3.24
• Building Resilience in Children	Hong Kong Trade Development Council	2016.6.28
• Understanding Your Teens' Stress and Emotional Health	Lifetime Development	2016.4.2
• Positive Psychology for Kids: Teaching Resilience with Positive Education	SKH Kei Hin Primary School	2014.5.23
• The "Magic" of Intrinsic Motivation: The Key to Positive Development	SKH Kei Hin Primary School	2014.3.21
• Parenting Style and Child Development	Zurich Services (Hong Kong) Limited	2013.8.29
• Understanding Adolescent – Case Studies and Parenting Advice	Lifetime Development	2012.5.12
• Helping Teenagers with Stress and Emotion	Toi Shan Association College	2012.5.11
• Understanding Adolescent	Lifetime Development	2012.5.5
• Helping Children with Learning Difficulties	Toi Shan Association College	2012.3.16

Student's Course

• "FUN ENGLISH" Enhancement Programme (Level 3) - Upper Primary Group (2nd Intake)	North Point Methodist Primary School	2023.4.17 - 2023.6.12
• "FUN LEARNING" English Enhancement Program for SEN Students (Level 2) – 15th Intake	SKH Tsoi Kung Po Secondary School	2023.3.28 - 2023.5.23
• "READING TO LEARN" English Enhancement Programme (Level 1) - Primary 1 Group (4th Intake)	Fanling Assembly of God Church Primary School	2023.3.24 - 2023.6.9
• "FUN LEARNING" English Enhancement Program for SEN Students (Level 1) – 30th Intake	SKH Tsoi Kung Po Secondary School	2023.3.23 - 2023.5.17

Student's Course (Continued)

• "READING TO LEARN" English Enhancement Programme (Level 1) - Primary 1 Group (3rd Intake)	Fanling Public School	2023.3.22 - 2023.5.24
• "READING TO LEARN" English Enhancement Programme (Level 1) - Primary 2 Group (2nd Intake)	Fanling Public School	2023.3.22 - 2023.5.24
• "READ & WRITE" English Enhancement Program for SEN Students (Level 1) - 5th Intake	Christ College	2023.3.16 – 2023.6.6
• "FUN ENGLISH" Enhancement Programme (Level 2) - Upper Primary Group (3rd Intake)	North Point Methodist Primary School	2023.2.13 - 2023.3.27
• "READING TO LEARN" English Enhancement Programme (Level 2) - Primary 2 Group (1st Intake)	Fanling Assembly of God Church Primary School	2022.12.16 - 2023.3.10
• "FUN ENGLISH" Enhancement Programme (Level 3) - Upper Primary Group (1st Intake)	Fanling Public School	2022.12.14 - 2023.3.15
• "FUN ENGLISH" Enhancement Programme (Level 1) - Middle Primary Group (6th Intake)	Fanling Public School	2022.12.14 - 2023.3.15
• "READ & WRITE" English Enhancement Program for SEN Students (Level 3) - 1st Intake	Christ College	2022.12.13 – 2023.1.17
• "FUN LEARNING" English Enhancement Program for SEN Students (Level 1) – 29th Intake	Po Leung Kuk Ho Yuk Ching (1984) Secondary School	2022.12.8 - 2023.3.9
• "FUN LEARNING" English Enhancement Program for SEN Students (Level 1) – 28th Intake	Po Leung Kuk Ho Yuk Ching (1984) Secondary School	2022.12.6 - 2023.3.14
• "FUN ENGLISH" Enhancement Programme (Level 1) - Middle Primary Group (5th Intake)	Fanling Assembly of God Church Primary School	2022.10.7 - 2022.12.2
• "FUN ENGLISH" Enhancement Programme (Level 2) - Upper Primary Group (2nd Intake)	Fanling Public School	2022.10.5 - 2022.12.7
• "FUN ENGLISH" Enhancement Programme (Level 1) - Middle Primary Group (4th Intake)	Fanling Public School	2022.10.5 - 2022.12.7
• "FUN ENGLISH" Enhancement Programme (Level 1) - Upper Primary Group (6th Intake)	North Point Methodist Primary School	2022.10.3 - 2022.12.19
• "FUN ENGLISH" Enhancement Programme (Level 2) - Upper Primary Group (1st Intake)	Fung Kai Innovative School	2022.5.24 - 2022.6.28
• "FUN ENGLISH" Enhancement Programme (Level 2) - Middle Primary Group (1st Intake)	Fung Kai Innovative School	2022.5.24 - 2022.6.28
• "FUN LEARNING" English Enhancement Program for SEN Students (Level 1) – 27th Intake	SKH Tsoi Kung Po Secondary School	2022.5.19 - 2022.6.30
• "FUN ENGLISH" Enhancement Programme (Level 1) - Middle Primary Group (3rd Intake)	Sharon Lutheran School	2022.4.29 - 2022.5.30

Student's Course (Continued)

• "LISTEN & SPEAK" English Enhancement Program for SEN Students (Level 1) - Junior Secondary Group - 1st Intake	St. Mary's Canossian College	2022.4.11 - 2022.4.14
• "LISTEN & SPEAK" English Enhancement Program for SEN Students (Level 1) - Senior Secondary Group - 1st Intake	St. Mary's Canossian College	2022.4.11 - 2022.4.14
• "FUN ENGLISH" Enhancement Programme (Level 1) - Upper Primary Group (5th Intake)	Fanling Public School	2022.3.23 - 2022.6.8
• "EXECUTIVE" Function Training (Study Skills) for Teens (Level 1) - Senior Secondary - 1st Intake	Law Ting Pong Secondary School	2022.3.15 - 2022.3.18
• "STRATEGY" English Enhancement Program for SEN Students (Level 2) – 7th Intake	Christ College	2022.3.3 – 2022.6.9
• "READ & WRITE" English Enhancement Program for SEN Students (Level 2) - 2nd Intake	Christ College	2022.3.3 – 2022.6.9
• "FUN ENGLISH" Enhancement Programme (Level 1) - Upper Primary Group (4th Intake)	Sharon Lutheran School	2022.3.1 - 2022.5.17
• "SOCIAL" Skills Training for Teens	Marymount Secondary School	2022.2.28 - 2022.4.25
• "READING TO LEARN" English Enhancement Programme (Level 1) - Primary 1 Group (1st Intake)	Fanling Assembly of God Church Primary School	2022.2.18 - 2022.4.22
• "STRATEGY" English Enhancement Program for SEN Students (Level 1) – 8th Intake	Christ College	2021.11.25 – 2022.2.24
• "READ & WRITE" English Enhancement Program for SEN Students (Level 1) - 4th Intake	Christ College	2021.11.25 – 2022.2.24
• "FUN ENGLISH" Enhancement Programme (Level 1) - Upper Primary Group (3rd Intake)	Fanling Assembly of God Church Primary School	2021.10.15 – 2021.12.17
• "FUN ENGLISH" Enhancement Programme (Level 1) - Lower Primary Group (2nd Intake)	Fanling Assembly of God Church Primary School	2021.10.15 – 2021.12.17
• "Fun Learning" English Enhancement Program for SEN Students (Level 4) – 8th Intake	Christ College	2021.5.12 – 2021.5.31
• "Fun Learning" English Enhancement Program for SEN Students (Level 2) – 14th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2021.3.16 – 2021.5.18
• "READ & WRITE" English Enhancement Program for SEN Students (Level 2) - 1st Intake	Christ College	2021.3.13 - 2021.4.24
• "FUN ENGLISH" Enhancement Programme (Level 1) - Upper Primary Group (2nd Intake)	Fung Kai Innovative School	2021.3.4 - 2021.5.13
• "FUN ENGLISH" Enhancement Programme (Level 1) - Lower Primary Group (1st Intake)	Fung Kai Innovative School	2021.3.4 - 2021.5.13

Student's Course (Continued)

• "Strategy" English Enhancement Program for SEN Students (Level 2) – 6th Intake	Carmel Holy Word Secondary School	2021.3.1 – 2021.5.17
• "READ & WRITE" English Enhancement Program for SEN Students (Level 1) - 3rd Intake	Christ College	2020.11.7 - 2020.12.21
• "Fun Learning" English Enhancement Program for SEN Students (Level 3) – 11th Intake	Christ College	2020.10.23 – 2020.12.18
• "FOCUS" Training for Teens (4th Intake)	Wa Ying College	2020.10.15 - 2020.12.17
• "FUN ENGLISH" Enhancement Programme (Level 1) - Upper Primary Group (1st Intake)	Fanling Assembly of God Church Primary School	2020.10.9 - 2021.1.8
• "Fun Learning" English Enhancement Program for SEN Students (Level 3) – 10th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2020.10.7 – 2020.12.16
• "Fun Learning" English Enhancement Program for SEN Students (Level 1) – 26th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2020.10.6 – 2020.12.8
• "Strategy" English Enhancement Program for SEN Students (Level 1) – 7th Intake	Carmel Holy Word Secondary School	2020.10.5 – 2020.12.14
• "FOCUS" Training for Children (2nd Intake)	Islamic Primary School	2020.6.26 - 2020.7.10
• "READ & WRITE" English Enhancement Program for SEN Students (Level 1) - 2nd Intake	Christ College	2020.1.21 - 2020.4.21
• "FOCUS" Training for Teens (3rd Intake)	Mu Kuang English School	2020.1.8 - 2020.6.19
• "FOCUS" Training for Teens (2nd Intake)	Mu Kuang English School	2020.1.7 - 2020.6.19
• "FOCUS" Training for Children (1st Intake)	Islamic Primary School	2019.10.31 - 2020.1.2
• "Fun Learning" English Enhancement Program for SEN Students (Level 3) – 9th Intake	St. Mary's Canossian College	2019.10.18 – 2020.1.10
• "SOCIAL" Skills Training for Teens	CMA Secondary School	2019.10.14 - 2019.12.18
• "Fun Learning" English Enhancement Program for SEN Students (Level 1) – 25th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2019.10.9 – 2019.12.19
• "READ & WRITE" English Enhancement Program for SEN Students (Level 1)	Carmel Alison Lam Foundation Secondary School	2019.10.8 – 2019.12.17
• "FOCUS" Training for Teens (1st Intake)	CMA Secondary School	2019.3.11 - 2019.5.6
• "Fun Learning" English Enhancement Program for SEN Students (Level 2) – 13th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2019.3.7 – 2019.5.16

Student's Course (Continued)

• "Strategy" English Enhancement Program for SEN Students (Level 2) – 5th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2019.3.6 – 2019.5.22
• "Fun Learning" English Enhancement Program for SEN Students (Level 4) – 7th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2019.3.5 – 2019.5.21
• "Fun Learning" English Enhancement Program for SEN Students (Level 4) – 6th Intake	Ling Liang Church E Wun Secondary School	2019.3.4 – 2019.6.3
• "Fun Learning" English Enhancement Program for SEN Students (Level 2) – 12th Intake	Ling Liang Church E Wun Secondary School	2019.3.4 – 2019.6.3
• "Fun Learning" English Enhancement Program for SEN Students (Level 1) – 24th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2018.10.11 – 2018.12.6
• "Strategy" English Enhancement Program for SEN Students (Level 1) – 6th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2018.10.10 – 2018.12.12
• "Fun Learning" English Enhancement Program for SEN Students (Level 3) – 8th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2018.10.9 – 2018.12.4
• "Strategy" English Enhancement Program for SEN Students (Level 1) – 5th Intake	Carmel Alison Lam Foundation Secondary School	2018.10.8 – 2019.1.7
• "Fun Learning" English Enhancement Program for SEN Students (Level 3) – 7th Intake	Ling Liang Church E Wun Secondary School	2018.9.24 – 2018.12.10
• "Fun Learning" English Enhancement Program for SEN Students (Level 1) – 23rd Intake	Ling Liang Church E Wun Secondary School	2018.9.24 – 2018.12.10
• "Strategy" English Enhancement Program for SEN Students (Level 2) – 4th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2018.3.7 – 2018.5.9
• "Fun Learning" English Enhancement Program for SEN Students (Level 4) – 5th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2018.3.1 – 2018.5.3
• "Fun Learning" English Enhancement Program for SEN Students (Level 2) – 11th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2018.2.27 – 2018.5.8
• "Fun Learning" English Enhancement Program for SEN Students (Level 1) – 22nd Intake	Toi Shan Association College	2018.1.29 – 2018.5.14
• "Strategy" English Enhancement Program for SEN Students (Level 2) – 3rd Intake	Ling Liang Church E Wun Secondary School	2018.1.26 – 2018.5.25
• "Fun Learning" English Enhancement Program for SEN Students (Level 4) – 4th Intake	Ling Liang Church E Wun Secondary School	2018.1.26 – 2018.5.25
• "Fun Learning" English Enhancement Program for SEN Students (Level 2) – 10th Intake	Ling Liang Church E Wun Secondary School	2018.1.26 – 2018.5.25
• Stress Reduction Workshop for Teens (Senior Secondary)	Pentecostal School	2017.12.19 – 2018.5.29
• Stress Reduction Workshop for Teens (Junior Secondary)	Pentecostal School	2017.12.19 – 2018.5.29

Student's Course (Continued)

• "Fun Learning" English Enhancement Program for SEN Students (Level 3) – 6th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2017.10.12 – 2017.12.14
• "Strategy" English Enhancement Program for SEN Students (Level 1) – 4th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2017.10.11 – 2017.12.6
• "Fun Learning" English Enhancement Program for SEN Students (Level 1) – 21st Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2017.10.10 – 2017.12.5
• "Fun Learning" English Enhancement Program for SEN Students (Level 1) – 20th Intake	Toi Shan Association College	2017.10.9 – 2018.1.22
• "Fun Learning" English Enhancement Program for SEN Students (Level 1) – 19th Intake	Ling Liang Church E Wun Secondary School	2017.9.29 – 2017.12.15
• "Fun Learning" English Enhancement Program for SEN Students (Level 3) – 5th Intake	Ling Liang Church E Wun Secondary School	2017.9.29 – 2017.12.15
• "Strategy" English Enhancement Program for SEN Students (Level 1) – 3rd Intake	Ling Liang Church E Wun Secondary School	2017.9.29 – 2017.12.15
• "Fun Learning" English Enhancement Program for SpLD Students (Level 4) – 3rd Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2017.2.23 – 2017.5.11
• "Strategy" English Enhancement Program for SpLD Students (Level 2) – 2nd Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2017.2.15 – 2017.5.17
• "Fun Learning" English Enhancement Program for SpLD Students (Level 1) – 18th Intake	Toi Shan Association College	2017.2.13 – 2017.5.15
• "Fun Learning" English Enhancement Program for SpLD Students (Level 4) – 2nd Intake	Ling Liang Church E Wun Secondary School	2017.2.10 – 2017.5.26
• "Fun Learning" English Enhancement Program for SpLD Students (Level 2) – 9th Intake	Ling Liang Church E Wun Secondary School	2017.2.10 – 2017.5.26
• "Fun Learning" English Enhancement Program for SpLD Students (Level 2) – 8th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2017.2.7 – 2017.5.9
• Psychology Club (1st Intake)	Toi Shan Association College	2016.11.11 – 2017.4.28
• "Fun Learning" English Enhancement Program for SpLD Students (Level 1) – 17th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2016.10.18 – 2016.12.20
• "Fun Learning" English Enhancement Program for SpLD Students (Level 3) – 4th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2016.10.13 – 2016.12.15
• "Strategy" English Enhancement Program for SpLD Students (Level 1) – 2nd Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2016.10.5 – 2016.11.30
• "Fun Learning" English Enhancement Program for SpLD Students (Level 1) – 16th Intake	Toi Shan Association College	2016.10.3 – 2016.12.19
• "Fun Learning" English Enhancement Program for SpLD Students (Level 3) – 3rd Intake	Ling Liang Church E Wun Secondary School	2016.9.30 – 2016.12.16

Student's Course (Continued)

• "Fun Learning" English Enhancement Program for SpLD Students (Level 1) – 15th Intake	Ling Liang Church E Wun Secondary School	2016.9.30 – 2016.12.16
• "Fun Learning" English Enhancement Program for SpLD Students (Level 2) – 7 th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2016.2.25 – 2016.5.26
• "Fun Learning" English Enhancement Program for SpLD Students (Level 4) – 1st Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2016.2.17 – 2016.5.11
• "Strategy" English Enhancement Program for SpLD Students (Level 2) – 1st Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2016.2.16 – 2016.5.17
• "Fun Learning" English Enhancement Program for SpLD Students (Level 1) – 14 th Intake	Toi Shan Association College	2016.2.1 – 2016.5.16
• "Fun Learning" English Enhancement Program for SpLD Students (Level 2) – 5 th and 6 th Intake	Ling Liang Church E Wun Secondary School	2016.1.29 – 2016.6.3
• "Fun Learning" English Enhancement Program for SpLD Students (Level 1) – 13 th Intake	Toi Shan Association College	2015.10.5 – 2015.12.14
• "Fun Learning" English Enhancement Program for SpLD Students (Level 1) – 11 th and 12 th Intake	Ling Liang Church E Wun Secondary School	2015.10.2 – 2015.12.18
• "Strategy" English Enhancement Program for SpLD Students (Level 1) – 1st Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2015.9.29 – 2015.12.1
• "Fun Learning" English Enhancement Program for SpLD Students (Level 1) – 10 th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2015.9.24 – 2015.12.3
• "Fun Learning" English Enhancement Program for SpLD Students (Level 3) – 2nd Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2015.9.23 – 2015.12.9
• "Fun Learning" English Enhancement Program for SpLD Students (Level 3) - 1 st Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2015.3.12 – 2015.5.28
• "Fun Learning" English Enhancement Program for SpLD Secondary Students (Level 2) – 4 th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2015.3.4 – 2015.5.27
• "Fun Learning" English Enhancement Program for SpLD Students (Level 1) - 9 th Intake	Toi Shan Association College	2015.3.2 – 2015.5.18
• "Fun Learning" English Enhancement Program for SpLD Students (Level 1) - 8 th Intake	China Holiness Church Living Spirit College	2014.10.21 – 2014.12.16
• "Fun Learning" English Enhancement Program for SpLD Students (Level 1) – 7 th Intake	Toi Shan Association College	2014.10.6 – 2014.12.8
• "Fun Learning" English Enhancement Program for SpLD Students (Level 1)- 6 th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2014.9.16 – 2014.12.17
• "Fun Learning" English Enhancement Program for SpLD Students (Level 2)- 3 rd Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2014.2.19 – 2014.5.28
• "Fun Learning" English Enhancement Program for SpLD Students (Level 1) – 5 th Intake	Toi Shan Association College	2014.2.17 – 2014.5.19

Student's Course (Continued)

• “Fun Learning” English Enhancement Program for SpLD Students (Level 2) – 2 nd Intake	Toi Shan Association College	2013.10.10 – 2014.1.2
• “Fun Learning” English Enhancement Program for SpLD Students (Level 1)- 4 th Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2013.9.25 – 2013.12.11
• “Fun Learning” English Enhancement Program for SpLD Students (Level 2)- 1 st Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2013.9.16 – 2013.12.16
• “Fun Learning” English Enhancement Program for SpLD Students (Level 1)- 3 rd Intake	Shun Tak Fraternal Association Cheng Yu Tung Secondary School	2013.2.25 – 2013.6.3
• “Fun Learning” English Enhancement Program for SpLD Students (Level 1) – 2 nd Intake	Toi Shan Association College	2012.10.24 – 2013.3.6
• “Fun Learning” English Enhancement Program for SpLD Students (Level 1) – 1 st Intake	Toi Shan Association College	2012.4.25 – 2012.6.6

Student's Talk

• Student's Talk on “Building Caring Campus Together”	The ELCHK Yuen Long Lutheran Secondary School	2019.7.3
• Student's Talk on “Building Caring Campus · Embrace Individual and Racial Differences” (Junior Secondary)	HKFEW Wong Cho Bau Secondary School	2018.11.30
• Student's Talk on “Building Caring Campus · Embrace Individual and Racial Differences” (Senior Secondary)	HKFEW Wong Cho Bau Secondary School	2018.11.23
• Student's Talk on “Accepting Individual Differences in a School Caring Community”	Ling Liang Church E Wun Secondary School	2016.4.22
• Student's Talk on “You Were Born to Stand Out - Understanding Individual Differences. Reaching Your Potential”	Ling Liang Church E Wun Secondary School	2016.4.22
• Student's Talk on “Getting to Know Your Classmates with Special Educational Needs”	Toi Shan Association College	2014.10.21
• Student's Talk on “Understanding Individual Difference. Creating School Caring Climate”	Toi Shan Association College	2013.12.10
• Student's Talk on “Understanding Individual Difference. Creating School Caring Climate”	Toi Shan Association College	2013.1.29
• Student's Talk on “Understanding Individual Difference. Creating School Caring Climate”	Toi Shan Association College	2012.9.18

Professional Development / Corporate Training

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| • Positive Education for Teachers (Teacher Professional Development) | Norwegian International School | 2021.6.9 |
| • Staff Coaching, Counselling and Mentoring (Corporate Training) | City University of Hong Kong / Institute of Training and Development, Immigration Service | 2021.5.7 |
| • Effective Teaching Strategies for Secondary School Autistic Students (Teacher Professional Development) | Tseung Kwan O Government Secondary School | 2019.11.8 |
| • How Teachers Deal with Bullying and Child Behaviour Problems in the Classroom (Teacher Professional Development) | Norwegian International School | 2019.3.28 |
| • Talk on Sleep (Staff Professional Development) | Chinese YMCA of Hong Kong | 2019.2.11 |
| • Understanding Adolescent Mental Health and Helping Students with Emotion Problems (Teacher Professional Development) | HKMA David Li Kwok Po College | 2018.10.30 |
| • Workshop on Body Language | Lifetime Development | 2018.8.9 |
| • Building an Effective Mentoring Relationship with Youths | Yan Chai Hospital (童創理想計劃) | 2015.9.19 |
| • Learning in OUHK | The Open University of Hong Kong | 2014.6.7 |
| • “POWER OF NATURE” Team Building Training for Youth Mentoring Program | Sai Kung District Community Centre & The Christian New Being Fellowship | 2012.8.25 |
| • “POWER OF NATURE” Mentee Training for Youth Mentoring Program | Sai Kung District Community Centre & The Christian New Being Fellowship | 2012.8.4 |
| • “POWER OF NATURE” Mentor Training for Youth Mentoring Program | Sai Kung District Community Centre | 2012.7.6 – 2012.8.2 |
| • Cross-cultural Adjustment and Job Satisfaction among Primary NETs in Hong Kong | Native English Speaking Teachers Association | 2011.12.3 |

Workshop on Psychological Well-being

• Mindfulness Stress Reduction Workshop	VTC Youth College (Kwai Chung)	2020.1.3
• Mindfulness Stress Reduction Workshop	Kowloon Tong School (Secondary Section)	2019.9.30
• Mandala Drawing Stress Reduction Workshop	Northern Lamma School	2019.1.18
• Talks on Young Old	Lifetime Development	2019.1.9 & 2019.1.23
• Mindfulness Stress Reduction Workshop	Lifetime Development	2019.1.3
• Talk on Sleep and Dream - The Interpretation of Dream	Lifetime Development	2018.9.20
• Talk on Sleep and Dream - The Art of Sleep	Lifetime Development	2018.9.6
• Mandala Drawing Stress Reduction Workshop 3	Lifetime Development	2018.8.30
• Mandala Drawing Stress Reduction Workshop 2	Lifetime Development	2018.7.26
• Stress Reduction Workshop : Mandala Drawing	Lifetime Development	2018.5.17
• Stress Reduction Workshop : Mindfulness	Lifetime Development	2018.5.3
• Talks on Mood Disorders and Stress Management	Lifetime Development	2017.5.16 & 2017.5.23
• Workshop on Emotion Expression and Management	Lifetime Development	2015.10.31
• Workshop on Memory and Concentration (2nd Intake)	Lifetime Development	2015.10.10
• Workshop on Memory and Concentration (1st Intake)	Lifetime Development	2015.10.3
• Anti-stress Colouring Workshop (3rd Intake)	Lifetime Development	2015.9.5
• Anti-stress Colouring Workshop (2nd Intake)	Lifetime Development	2015.8.29
• Anti-stress Colouring Workshop (1st Intake)	Lifetime Development	2015.8.22

University Course

• Personal Learning Portfolio (BA (Hons) Applied Social Science)	City University of Hong Kong Sheffield Hallam University	2019 - 2020
• Introduction to Work and Organisation (BA (Hons) Public Administration and Management)	City University of Hong Kong De Montfort University	2019 - 2020
• Organisations, Work and Psychology (BA (Hons) Applied Social Science)	City University of Hong Kong Sheffield Hallam University	2019 - present
• Research Issues in Applied Developmental Psychology (MSc in Psychology)	City University of Hong Kong Sheffield Hallam University	2016 - present
• Research Dissertation and Continuing Professional Development (MSc in Psychology)	City University of Hong Kong Sheffield Hallam University	2016 - present
• Life Span Development (MSS in Applied Psychology)	City University of Hong Kong	2018
• Professional Practice Consultant and Mentor of Teaching Practice (Postgraduate Certificate in Education)	University of Sunderland	2015 - 2017
• Introductory Psychology: Theory and Practice (Bachelor of Social Sciences)	The Open University of Hong Kong	2005 - 2016
• Child Development (Bachelor of Social Sciences)	The Open University of Hong Kong	2003 – 2005
• Mentor and School Coordinator of Teaching Practice (Bachelor of Education and Postgraduate Certificate in Education)	Chinese University of Hong Kong Hong Kong Institute of Education The Open University of Hong Kong	2000 – 2011
• Developmental Psychology (Bachelor of Education)	Hong Kong Baptist University	1998 – 2003
• Research Method (Bachelor of Education)	Hong Kong Baptist University	1997 – 1998
• Student Counselling and Guidance (Bachelor of Education)	Hong Kong Baptist University	1997 – 2003

Individualised Education Plan

• Training on Attention and Learning Strategy (1st Intake)	Lifetime Development	2015.8.4 - 2015.8.25
• Training on Attention and Learning Strategy (2nd Intake)	Lifetime Development	2015.8.4 - 2015.8.25

Early Childhood Disorders (Child/ Teens) - Screening Test

- Autistic Spectrum Disorder (ASD)
- Attention Deficit /Hyperactivity Disorder (ADD/ADHD)
- Specific Learning Disabilities (SpLD)
- Dyslexia
- Child / Teens Anxiety Related Disorders
- Preschool Anxiety Disorder
- Social Communication Anxiety
- Selective Mutism

Personal Consultation

- Early Childhood Disorders - Parent Support
- Child / Teens Development - Parent Support
- Parent-child Relationship
- Marriage and Relationship
- Sleep Problems
- Emotion and Stress Management
- Lifespan Development and Personal Growth

Media Coverage

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| • Interview: Waldorf Education | Smart Parents Magazine (No.213) 2014.5.8
by Sing Tao |
| • Interview: Study Skills and Exam Preparation | Smart Parents Magazine (No.192) 2013.12.5
by Sing Tao |

OUR WORK (Before 2011)

Parent's Program

- Talk on Secondary School Places Allocation System for P.6 2010.9.10
2011.4.15
- Talk on Secondary School Places Allocation System for P.5 2010.9.17
- Talk on Primary One Transition 2010.8.21
- Introductory Talk on Territory-wide System Assessment and English Learning 2007.3.29
2006.3.28
- Parent-Child English Home Reading Workshop 2005.9.24
2006.9.30
- Introductory Talk on School-based English Curriculum 2005.9.24
2006.9.30
- Introductory Talk on Primary One English Language Curriculum 2005.8.27

Professional Development Training

- Teaching Reading Skills 2006.1.17
- Integrating Reading into Textbook and Readers Teaching 2005.8.19
- Knowing about Stress 2001.9.15
- Stress Management for Teachers 2001.11.21

University Course

- Introductory Psychology: Theory and Practice (The Open University of Hong Kong) 2005 – 2016
- Child Development (The Open University of Hong Kong) 2003 – 2005
- Developmental Psychology (Hong Kong Baptist University) 1998 – 2003
- Research Method (Hong Kong Baptist University) 1997 – 1998
- Student Counselling and Guidance (Hong Kong Baptist University) 1997 – 2003

Curriculum Development

• School-based Native English Teacher English Language Curriculum	2008 – 2010
• Territory-wide School Assessment Preparation Program	2005 – 2008
• English Field Study	2005 – 2009
• The Young Writers' Reader (English Writing Program)	2005 – 2009
• Super Reader Scheme (English Reading Program)	2005 – 2010
• Theme-based / Project-based English Learning	2003 – 2008
• School-based English Language Curriculum	2002 – 2008
• QEF Project: Developing Online Learning Software for Maths Learning	2000 – 2001
• Analytical Tool for Assessment in Maths	1999 – 2002

English Program for Children

• English Enrichment program for SEN students	2008 – 2009
• Inter-school English Day	2008.5
• English Story-telling Time	2006 – 2010
• English Enrichment Program for More-able Students	2007 – 2010
• English Ambassador	2006 – 2010
• Little English Teacher Scheme	2006 – 2010
• English Fun Day for Kindergarten	2006 – 2009
• Training for Hong Kong Inter-Primary School English Folk Song Group Singing Contest	2004 – 2006
• Training for Hong Kong Inter-Primary School Speech Festival	2003 – 2011
• Inter-class English Quiz	2003 – 2008
• Secondary School Interview Training	2003 – 2011
• Training for Hong Kong Drama Festival	2005 – 2007
• English Club	2004 – 2011
• English Remedial Program for Less-able Students	2002 – 2011
• English Day	2001 – 2010

Moral and Civic Education Program for Children

• National Education Program: Study Tour (Guangzhou)	2009 – 2010
• Value Education Program: Caring Angel Scheme	2009 – 2010
• Value Education Program: My Action Pledge	2009 – 2010
• Value Education Program: Student Volunteer Team	2009 – 2010
• Value Education Program: One Student One Duty	2009 – 2010
• Health Education Program: Healthy Campus	2009 – 2010
• Eco Education Program: Green School Scheme	2009 – 2010
• Moral Education: A Conduct A Month	2009 – 2010
• Life Education: Talk on Understanding and Helping Poverty	2009 – 2010
• Anti-drug Education Program: “Hand-in-Hand” Anti-drug Campaign	2009 – 2010

Professional Activity

• Academic Studies in-charge, Primary School	2010 – 2011
• Moral and Civic Education Coordinator, Primary School	2009 – 2010
• School English Teacher for The Native English Teacher (NET) Scheme	2007 – 2010
• Prefect of Studies, Primary School	2005 – 2009
• Oral Assessor & School Coordinator, Territory-wide System Assessment	2004 – 2011
• English Panel Chair, Primary School	2002 – 2007
• Mentor & School Coordinator, Hong Kong Institute of Education, Chinese University of Hong Kong, The Open University of Hong Kong	2000 – 2011
• Founding Chair of Teacher Professional Development Team, Primary School	2000 – 2004
• Maths Panel Member, Primary School	2000 – 2002
• Founding Committee of Parent Teacher Association, Primary School	1999 – 2001